

# Brownie Quest: It's Your World—Change It!

## Supplies Lists for Leaders

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### Session 1

#### A) **General**

Girls' book  
Leader's guide  
Quest Master Map

copies of Take  
Home Letter

copies of Making a  
Family Star activity  
sheet

#### B) **Optional**

markers  
glitter  
glue  
art supplies  
paper  
prizes/treats  
stickers  
pencils  
key chains  
healthy snacks

#### C) **Ball Toss**

light ball

#### D) **Going ELF**

10 values of  
GS Law written  
on strips, cut &  
numbered p42, 47

### Snack Time

ingredients

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### Session 2

#### A) **General**

Discovering Us list

Discovering  
Ourselves board

Quest Master Map

#### B) **Brownie Star Circle**

Discover Key  
Patches

Copies of the  
Discover Chant

#### C) **Connecting As A Team**

hula hoop/ball  
lg sheet of paper  
markers

#### D) **Send It Home**

Copies of Healthy  
Living Family  
Activity letter p63

#### **Snack Time**

ingredients

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### Session 3

#### A) General

Quest Master Map

Copies of Brownie Team Agreement

Blank copies of Healthy-Living Commitment Card

Tape

Contact information for organizations girls might want to write to

#### B) Circle Map

lg sheet of paper w/ 5 concentric circles drawn on it & me written in the center

#### C) Posting Commitments

Healthy-Living Commitment Cards

#### E) Earning the Connect Key

Connect Key patches

copies of Connect Key Chant

#### D) Caring for Community

paper pens/pencils envelopes

### Snack Time

ingredients

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### Session 4

#### A) **Brownie Brainstorm**

Brownie Brainstorm  
Chart p77

markers

whiteboard/  
chalkboard

chalk/dry erase  
markers

butcher paper/  
poster board

tape

#### B) **Brownie Team Trade**

sticky notes/sm  
slips of paper

pens/pencils

#### C) **Brownie Plan**

Healthy-Living  
Commitment Cards

#### **Snack Time**

ingredients

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### Sessions 5 & 6

#### A) **Brownies Get Busy**

whatever supplies the girls need for their particular project

#### B) **Brownie Team Reflects**

paper  
markers  
thank you cards  
paper  
art supplies  
camera (?)

#### C) **ELFing It Up**

Girls books  
copies of Brownie songs  
art supplies to make gifts to swap

#### D) **Wrapping Up**

whatever the girls need for their efforts to reach out & make an impact on their community

#### E) **ELFing It Up One More Time**

Girls books  
healthy treats  
extra puzzles  
extra activities

#### F) **Meeting Juliette**

Quest books

#### G) **Closing Ceremony**

Quest Master Map  
Take Action Key Patches  
Copies of Take Action Chant  
Copies of songs, girls book pg67  
healthy snacks

#### **Snack Time**

ingredients

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### Sessions 7

#### A) General

Take Action Key  
Patches

Copies of the full  
Brownie Quest  
Chant p91

Brownie Quest  
Awards

Blank index cards  
pens

Brownie songs,  
cheers, stories the  
girls choose

#### Snack Time

ingredients

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## **Supplies Lists for Leaders**

### **Girls' Book Activities**

#### **Pen/Pencil**

Brownies around the world p9  
Friendship Game p16  
Twist Me and Turn Me p17  
What the Brownie Friends Care About p26  
Fun with Haiku pgs 28-29  
How to Save the Family Tree pgs30-31  
Skills to Share p32  
Let's Do as Brownie Elf Says p33  
Getting Ready for the Big Meeting pgs34-35  
Big Ideas from the Brownie ELF Team pgs40-42  
Puzzling Over Keys pg48  
Discovering Me pg49  
Discovering Values pg50  
Discovering Family pg51  
The First Key pg52  
Making a Brownie Team Agreement pg53  
Campbell Cares pg 54  
It's Your Turn pg55  
Caring About Your Family pg58  
Make a Family Fun Jar pg59  
Circles of Caring pg60  
Improving Life in Green Falls pg61  
What would make this neighborhood better? pg62-63  
Case of the Broken Sidewalk pg64  
The Second Key pg65  
The Brownie Brainstorm pg66  
Brownies Think & Fly Into Action pg68  
Flying Into Action Checklist pg69  
The Third Key pg70  
Keep It Going pg71  
Juliette Gordon Low & the 3 keys pg73  
Making Memories pgs74-80

# **A World of Girls: It's Your Story Tell It!**

## **Supplies Lists for Leaders**

### **Craft Supplies Complete Listing**

markers  
glitter  
glue  
art supplies  
paper  
prizes/treats  
stickers  
pencils  
key chains  
light ball  
hula hoop/ball  
lg sheet of paper  
tape  
pens/pencils  
envelopes  
whiteboard/chalkboard  
chalk/dry erase markers  
butcher paper/poster board  
sticky notes/sm slips of paper  
paper  
markers  
thank you cards  
paper  
art supplies  
camera (?)  
extra puzzles  
extra activities  
blank index cards  
pens



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## Recipes

### Baked Apples

1 baking apple per person  
¼ cup unsweetened apple juice per apple  
2 tablespoons raisins per apple  
1 marshmallow per apple  
1 teaspoon ground cinnamon

Peel apple halfway down.  
Core the apple almost to its bottom.  
Stuff the apple core with raisins.  
Put the apple in a baking dish & pour the juice over it.  
Sprinkle the apple w/a little cinnamon.  
Bake the apple at 375° for 40-45 min.  
Put marshmallow on top & melt.  
Check the apple is tender, not mushy.  
Enjoy it hot or cold.

### Dynamite Dip

Carrots  
Cucumbers  
Jicama  
Celery  
Peppers  
Broccoli

(1) 16 oz low-fat/nonfat plain yogurt  
(1) 3 oz pkg low-fat/nonfat cream cheese  
½ cup light/nonfat ranch dressing  
2 tablespoons parsley flakes/dill

Put yogurt, cream cheese, ranch dressing & parsley/dill in a bowl.  
Stir.

### Fruit Juice Fizz

1 orange or lemon  
orange juice  
pineapple juice  
cranberry juice  
seltzer or club soda

Cut the orange/lemon into slices.  
Put 1 or 2 cups of juice into a pitcher.  
For every 3 cups of juice, add 1 cup of seltzer.  
Add fruit slices.  
Refrigerate until chilled.  
Serve.

### Surprising Fruit Dips

1 pkg semisweet chocolate chips  
½ cup skim milk  
2 apples  
2 pears  
wax paper  
cookie sheet/large plate

Core apples & pears.  
Cut fruit into slices.  
Put chocolate pieces & ¼ cup milk in microwave safe bowl/measuring cup.  
Heat for 30 seconds on High.  
Stir.  
Heat again until chocolate pieces are melted.  
Add more milk gradually & stir until smooth but not thin.  
Dip fruit into chocolate, place on wax paper & chill for 15 min or until chocolate is firm.

bananas, oranges, strawberries & kiwis are also good to use.